

# Cooperative Parenting in Divorce

*This course will assist divorcing or divorced parents in reducing parental conflict & improving their child's post-divorce adjustment.*

## Participants will learn:

- ◆ Conflict management skills
- ◆ Keeping child-focused
- ◆ Handling tense situations
  - ◆ Making a peace plan
  - ◆ Cooperation skills
- ◆ How to communicate with your ex without lighting a fuse
  - ◆ Reducing bitterness
- ◆ Improving relationships between separate households

**8-Week Course presented by  
Katy Vinson, CAPS Parent Educator**

**Tuesday Evenings  
Jan. 17th - Mar. 6th, 2012**

**6:00 - 8:00 PM**

**St. John's Lutheran Church  
302 South 7th; Salina**

**Cost of the Class: \$100.00**

**Pre-Registration is required. Call 825-4493**

**Sponsored by:**

**Child care is available**

for children ages 12 and under.



...helping good parents become great parents.

